



Alberta Program of Studies

English Language Arts

General Outcome 1:

Students will listen, speak, read, write, view and represent to explore thoughts, ideas, feelings and experiences.

General Outcome 5:

Students will listen, speak, read, write, view and represent to respect, support and collaborate with others.

Health & Life Skills

Wellness Choices

Students will make responsible and informed choices to maintain health and to promote safety for self and others

Relationship Choices

Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

Personal Growth & Wellbeing

Involves managing emotional, intellectual, physical, social and spiritual aspects of living. Students draw upon their strengths to develop interests, skills and talents. Students are reflective, resourceful and optimistic and they strive for personal excellence.

Communication

Students engage in formal and informal exchanges with others. Students demonstrate respect, empathy and responsibility when communicating with others.

Critical Thinking

-Students reflect on their thinking to improve it. They challenge assumptions behind thoughts, beliefs or actions. Students value honesty, fairness and open-mindedness.

Collaboration

Students participate, exchange ideas and share responsibilities. They respect competing views and nurture positive relationships. Students are adaptable, willing to compromise and value the contributions of others.

Alberta Student Competencies